



## EPR-APPLICATION TRAINING COURSE OVERVIEW (OPTIONS)

### 1. Lectures

- a. New updates in detection and imaging of ROS in vitro and in vivo using EPR spectroscopy.
- b. Endothelial vasomotion control and endothelial dysfunction: Detection of NO using colloid Fe(DETC)<sub>2</sub>, circulating NOHb concentration and EPR or in Real-Time using alternative chemiluminescence procedure
- c. The impact of hypoxia and hyperoxia on generation of ROS and NO with the consequences on the modulation of growth factors profile: Physiological oxygen level.
- d. Exploratory, diagnostic, differential-diagnostic relevance of "CMA" (cellular metabolic activity), "Extended CMA" and "Inflammatory Resistance" tests.

### 2. Electron Spin Resonance Spectroscopy

- a. Electron spin resonance spectroscopy – introduction, principles, technical background
- b. Introduction in the usage of EMXnano – new standard for Bench-Top EPR
  - i. Acquisition, evaluation and simulation software (Xenon, SpinFit)
  - ii. Sensitivity and stability
  - iii. EPR settings (center field, sweep width, microwave power, modulation amplitude, time constant, conversion time, sweep time, number of scan, resolution)
  - iv. Power saturation
  - v. Overmodulation
  - vi. Use of spin traps, spin probes, spin labels
  - vii. Default protocols (frozen and non-frozen samples, short-term, long-term detection)
  - viii. EMXnano accessories (liquid nitrogen finger dewar, temperature & oxygen/gas controller, UV irradiation unit, flat cell, aqua X cell, flow-through cell)
- c. Introduction in the usage of Noxygen System – exploratory & routine Bench-Top EPR system
  - i. Acquisition, evaluation and simulation software
  - ii. Sensitivity and stability
  - iii. EPR settings (center field, sweep width, microwave power, modulation amplitude, time constant, conversion time, sweep time, number of scan, resolution)
  - iv. Power saturation
  - v. Overmodulation
  - vi. Use of spin traps, spin probes, spin labels
  - vii. Default protocols (frozen and non-frozen samples, short-term, long-term detection)
  - viii. Accessories (liquid nitrogen finger dewar, temperature & oxygen/gas controller, UV irradiation unit, flat cell, aqua X cell, flow-through cell)

### **3. Detection of Reactive Oxygen Species (ROS)**

- a. Introduction in the usage of spin probes (cyclic hydroxylamine's) for detection of reactive oxygen species (ROS; O<sub>2</sub>•, OH<sup>-</sup>, ONOO<sup>-</sup>, H<sub>2</sub>O<sub>2</sub>)
- b. Preparation of Krebs-HEPES buffer, spin probes, and other solutions
- c. Calibration of EPR-signal for calculation of ROS generation/concentration
- d. Value of time dependence ROS production in mitochondria, cultured cells, isolated tissue, isolated organs, in living mouse
- e. Physiological and pathophysiological conditions:
  - i. Temperature dependence (normothermia, hypothermia, hyperthermia)
  - ii. Oxygen dependence (anoxia, normoxia, hypoxia, hyperoxia)
  - iii. Pressure dependence (normotension, hypotension, hypertension)
  - iv. Shear dependence (laminar, oscillatory, pulsatile shear stress)
- f. Basal and stimulated ROS production/generation
- g. Quantitative identification of intracellular and extracellular ROS generation
- h. Preparation of samples for detection of ROS in frozen and non-frozen conditions
- i. Problems, pitfalls, advantages of ROS- detection using EPR, interpretation of results

### **4. Detection of Nitric Oxide (NO)**

- a. Introduction in the usage of a spin trap (Fe<sup>2+</sup>-(DETC) for detection of NO
- b. Introduction in the usage of NOHb, NOMg for detection of circulating NO, or bioavailable NO in muscle
- c. Preparation of Krebs-HEPES buffer, spin trap, and other solutions
- d. Calibration of EPR-signal for calculation of NO generation/concentration
- e. Value of time dependence NO production in cultured cells, isolated tissue/organs, in vivo
- f. Physiological and pathophysiological conditions:
  - i. Temperature dependence (normothermia, hypothermia, hyperthermia)
  - ii. Oxygen dependence (anoxia, normoxia, hypoxia, hyperoxia)
  - iii. Pressure dependence (normotension, hypotension, hypertension)
  - iv. Shear dependence (laminar, oscillatory, pulsatile shear stress)
- g. Basal and stimulated ROS production/generation
- h. Quantitative identification of NO-Fe(DETC), NO-Hb, NO-Mg
- i. Preparation of samples for detection of NO in frozen conditions
- j. Problems, pitfalls, advantages of NO detection using EPR, interpretation of results

### **5. Diagnostics, differential diagnostics tests - clinical research**

- a. CMA Score – metabolic, respiratory activity of human blood cells (HBC)
- b. Physical performance – metabolic, respiratory activity of HBC before and after exercise challenge
- c. Endothelial Dysfunction – correlation of circulating, bioavailable NOHb concentration in human venous blood to its physiological level
- d. Cardiovascular Risk Assessment – correlation between “Vitality Score” and “Endothelial Dysfunction” tests

- e. Extended CMA Score - Relation of total metabolic, respiratory HBC activity (total ROS generation) to:
  - v. NADPH-oxidase dependent ROS generation in HBC
  - vi. Mitochondria dependent ROS generation in HBC
  - vii. Peroxidase dependent ROS generation in HBC
  - viii. LDL dependent ROS generation in HBC
  - ix. Glucose-dependent ROS generation in HBC
  - x. Evaluation of bioactive ingredients of food supplement
  - xi. Effects of environmental pollution (ozone, nanoparticles, UV-light, etc.)
  - xii. Monitoring of treatment efficacy (pharmacokinetic, pharmacodynamic)
- f. Inflammatory Resistance Assay - TNF-alpha-dependent ROS generation in HBC
- g. Platelet Aggregability Assay – Shear-stress-dependent metabolic, respiratory activity test
- h. Blood conserve quality evaluation

## 6. Functional related EPR applications – Basic and Clinical research

- a. Intracellular/extracellular detection of ROS/O<sub>2</sub><sup>•</sup> (basal and stimulated ROS/O<sub>2</sub><sup>•</sup> production) in cultured cells, in isolated organs/tissue under physiological conditions and effected by:
  - i. Hypo- or hyperthermia
  - ii. Hypo- or hyperoxia
  - iii. Hypo- or hypertension
- b. Intracellular/extracellular detection of ROS/O<sub>2</sub><sup>•</sup> in cultured or native cells exposed to laminar, oscillatory, pulsatile shear stress with or without combination of arrhythmia
- c. Monitoring of oxygen concentration and / or oxygen consumption in vitro and in vivo
- d. Mitochondria dependent generation of ROS/O<sub>2</sub><sup>•</sup> production in cultured cells, in isolated organs, in isolated tissue
- e. Simultaneous detection of ROS/O<sub>2</sub><sup>•</sup> and oxygen concentration/oxygen consumption in native or cultured cells
- f. Simultaneous detection of ROS/ O<sub>2</sub><sup>•</sup> and NO in cultured/native cells, in isolated tissue, in vivo
- g. Real-Time monitoring of ROS generation in a living mouse exposed to environmental pollution, vasoactive drugs, hyperglycemia, UV-light exposure
- h. Detection of SH-groups, Vit.-C, concentration in blood plasma, cell-/tissue lysates
- i. Detection of intra- and extracellular pH level
- j. Evaluation of membrane micro-viscosity changes

## 7. EPR-Imaging

- a. **System E540L (ELEXSYS L-Band spectrometer with 22 and 34mm probe head)**
  - i. Monitoring of ROS generation in mouse (head, chest, abdomen, etc.), rat head
  - ii. Monitoring of Oxygen concentration in mouse (head, chest, abdomen, etc.), rat head
  - iii. Monitoring of pH-level in whole mouse (head, chest, abdomen, etc.), rat head
  - iv. Monitoring of mitochondria-dependent ROS generation

## 8. Subject-specific /Research field-oriented applications

### a. Cardiology and Angiology

- i. Diagnostic tools
- ii. Cell types           endothelial cells, smooth muscle cells, cardiomyocytes, blood, white and grey adipocytes, neutrophils, leucocytes
- iii. Isolated organs   aorta, coronary arteries, resistance vessels, heart
- iv. Isolated tissue   heart, muscle biopsies
- v. Animals             mouse, rat, dog, mini-pigs

### b. Anesthesiology and Hematology

- i. Diagnostic tools
- ii. Cell types           lung epithelial cells, endothelial cells, smooth muscle cells, cardiomyocytes, whole blood, white and grey adipocytes, neutrophils, leucocytes, erythrocytes, blood conserves
- iii. Isolated organs   aorta, coronary arteries, resistance vessels, heart, lung, kidney
- iv. Isolated tissue   liver, heart, lung, kidney, muscle biopsies, bone marrow
- v. Animals             mouse, rat, dog, mini-pigs

### c. Sports and Rehabilitative Medicine

- i. Diagnostic tools
- ii. Cell types           lung epithelial cells, endothelial cells, smooth muscle cells, cardiomyocytes, whole blood, white and grey adipocytes, neutrophils, leucocytes, erythrocytes
- iii. Isolated organs   resistance vessels, heart, lung, kidney, liver
- iv. Isolated tissue   liver, heart, lung, kidney, muscle biopsies
- v. Animals             mouse, rat, dog

### d. Environmental Medicine

- i. Diagnostic tools
- ii. Cell types           keratinocytes lung epithelial cells, endothelial cells, smooth muscle cells, whole blood, neutrophils, leucocytes, erythrocytes
- iii. Isolated organs   liver, heart, lung, kidney
- iv. Isolated tissue   skin, heart, lung, kidney, muscle biopsies
- v. Animals             mouse, rat, zebra-fish

### e. Traumatology and Surgery

- i. Diagnostic tools
- ii. Cell types           osteocytes, lung epithelial cells, endothelial cells, smooth muscle cells, whole blood, neutrophils, leucocytes, erythrocytes, neurocytes
- iii. Isolated organs   liver, heart, lung, kidney
- iv. Isolated tissue   brain tissue, skin, heart, lung, kidney, muscle biopsies, bone marrow
- v. Animals             mouse, rat, dog, mini-pigs



**f. Toxicology and Pharmacology**

- i. Diagnostic tools
- ii. Cell types            neurocytes, lung epithelial cells, endothelial cells, smooth muscle cells, whole blood, neutrophils, leucocytes, erythrocytes, fibrocytes, epithelial cells,
- iii. Isolated organs    liver, heart, lung, kidney, aorta, coronary arteries
- iv. Isolated tissue     brain tissue, skin, heart, lung, kidney, muscle biopsies, bone marrow
- v. Animals                mouse, rat, dog, mini-pigs, zebra-fish

**g. Pulmonology and Internal Medicine**

- i. Diagnostic tools
- ii. Cell types            lung epithelial cells, endothelial cells, neurocytes, smooth muscle cells, whole blood, neutrophils, leucocytes, erythrocytes
- iii. Isolated organs    liver, heart, lung, kidney, aorta, resistance vessels
- iv. Isolated tissue     brain tissue, skin, heart, lung, kidney, muscle biopsies
- v. Animals                mouse, rat, dog, mini-pigs

**Do not hesitate to contact us for more detailed information about the requirements concerning the needed chemicals, accessories and devices.**

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